

TOLLEFSON SWIMMING

Garrett Park Pool – 2021

Beginner Swim Lessons – Masters Swimming

Tollefson Swimming is proud to offer in-water-instructed swim lessons, swim team stroke classes, and Masters Swimming at the Garrett Park Pool this summer. For the in-water-instructed swim lessons, we will determine the exact time of the class for your swimmer based on skill level; in case the pool is unavailable for a class, we will offer one daytime make-up class on the second Wednesday of the session. Please call or email us for additional forms, questions, special concerns, or to discuss class placement.

Henry Tollefson 703-740-7158 henry@tollefsonswimming.com

Registration Instructions: Please check below which program you are registering for. You may register for more than one program. Please complete electronically or print, complete and scan and send to henry@tollefsonswimming.com. Payment is due with registration; you may pay by sending a check (make out to Tollefson Swimming) to PO Box 366, Garrett Park MD 20896 or calling John at 301-949-5136 to pay by credit card. Please do not mail registration form (send electronically only). Thank you.

In-water-instructed swim lessons

One 2-week session of eight half-hour classes - \$220 per 2 week session

All classes Monday/Tuesday/Thursday/Friday (Weather makeup 2nd Wednesday of each session if necessary)

Session One – June 21- July 2

Between 12:00 noon and 2:00 pm _____ Between 6:30 and 7:30 pm _____

Session Two – July 5 – July 16

Between 12:00 noon and 2:00 pm _____ Between 6:30 and 7:30 pm _____

Session Three – July 19 – July 30

Between 12:00 noon and 2:00 pm _____ Between 6:30 and 7:30 pm _____

Masters Swimming – June 2 – July 30 - \$200

Monday, Wednesday & Friday, 6:00 am to 7:30 am _____

Swimmer's Name _____ Birth Date _____

Telephone _____ Email _____

Swimming Experience _____

I understand that participation in Tollefson Swimming activities at the Garrett Park Pool is entirely voluntary. I understand that Tollefson Swimming activities at the Garrett Park Pool may involve swimming and related pool activities. I know and understand the risks and dangers involved and I know and understand that unanticipated dangers might arise. I hereby release Tollefson Swimming and the Garrett Park Swimming Pool from any responsibility for injury, which might occur as a result of participation in Tollefson Swimming activities at the Garrett Park Pool.

I give permission for _____ to participate in all Tollefson Swimming activities at the Garrett Park Pool, except as noted. I also give permission to authorized personnel to carry out such emergency diagnostic and therapeutic procedures as may be necessary for me or my child, and also permit such treatment procedures to be carried out at, and by the local hospital(s) for me or my child in the event of an emergency. I understand that any medical expenses will be billed directly to me or my insurance company.

Parent/guardian signature or adult participant signature

Date